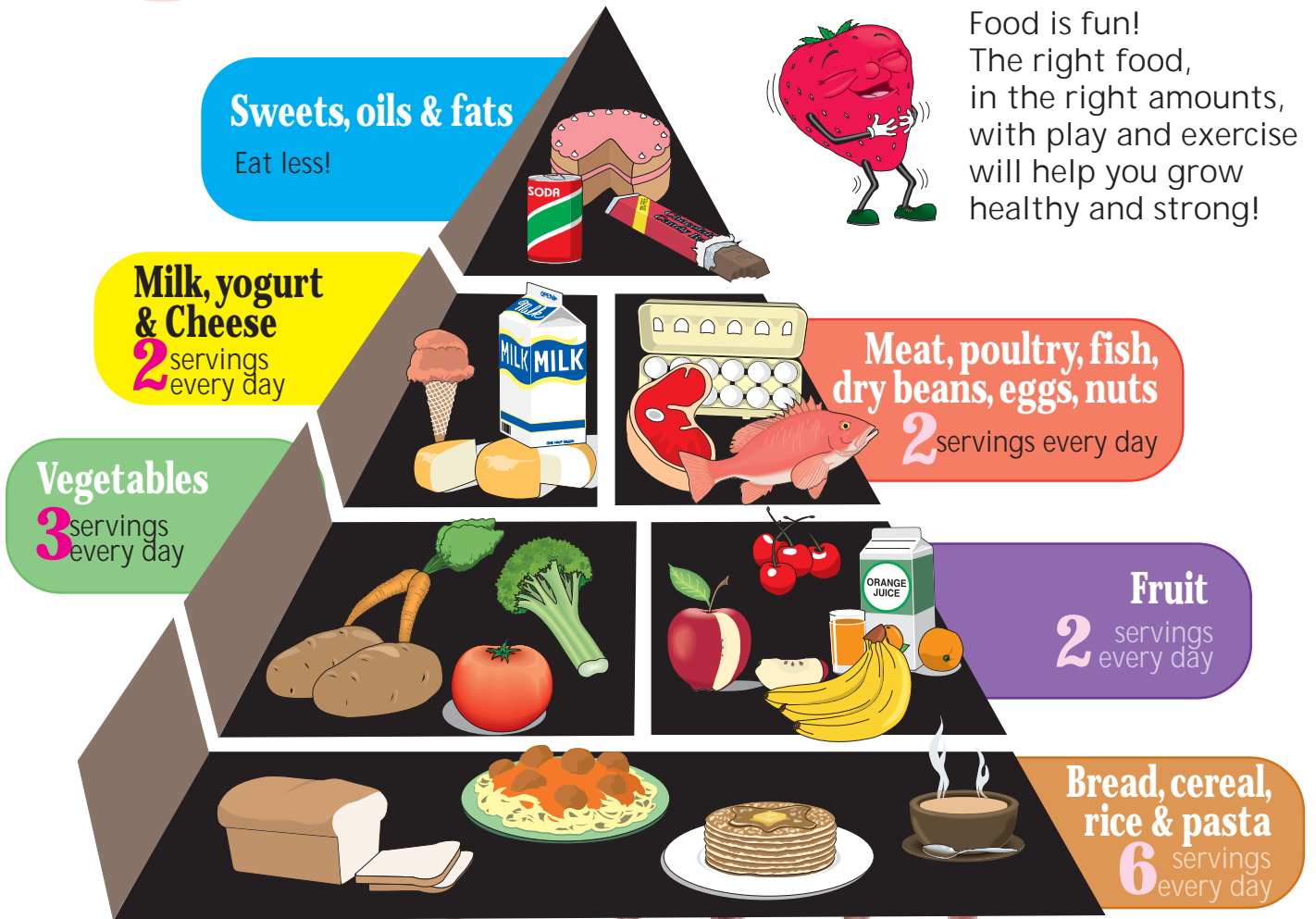


FOOD GUIDE PYRAMID FOR HEALTHY EATING

Eat a variety of foods! **Be active!** **Stay healthy!**



Food is fun!
The right food, in the right amounts, with play and exercise will help you grow healthy and strong!



What is your favorite in the...

